

November 2010 Workshops

Date	Time	Event	Location
November 4	10 -11:30 a.m.	Raising Your Challenging Child: <i>A Parent Training Program</i>	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
November 4	9 - 10a.m.	Does Your Child Qualify for Free Tutoring?	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
November 4	10 – 10:30 a.m.	Eurokids Bilingual Storytime	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St., NW) 202-673-2028
November 4	1 – 2 p.m.	Does Your Child Qualify for Free Tutoring?	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
November 4	6:30 - 7:30p.m.	Does Your Child Qualify for Free Tutoring?	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St., NW) 202-673-2028
November 9	10 – 11:30 a.m.	Understanding Special Education	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
November 9	8 – 9 p.m.	Special Ed. Parent Monthly TeleChat	Call for the conference call number 202-724-7621.
November 10	9 – 10 a.m.	Report Card Shock	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
November 10	6:30- 7: 30 p.m.	Is Your Child on Track to Graduate?	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St., NW) 202-673-2028
November 16	11 –12:30 p.m.	Understanding ADHD/ADD	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
November 18	9- 10:30 a.m.	Healthy Meals for the Holidays Demonstration	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE). For more information call 202-423-0351
November 18	10 – 11:30 a.m.	Raising Your Challenging Child: <i>A Parent Training Program</i>	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
November 18	1 - 2:30 p.m.	Report Card Shock	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
November 18	6:30 – 7: 30 p.m.	Sticks and Stones Can Break Your Bones But Words Can Really Hurt You – The Signs and Impact of Bullying	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St., NW). For more information call 202-423-6113
November 22	6:30 – 7:30 p.m.	Everything Your Child Doesn't Want You to Know About Social Media	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St., NW). For more information call 202-423-6113
November 30	10 - 11 a.m.	Report Card Shock	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374

Workshop Descriptions

Does Your Child Qualify for Free Tutoring?

Learn about tutoring available through Supplemental Educational Services (SES). Children are eligible if they receive free or reduced meals and attend Title 1 schools in need of improvement Year 2 or beyond. Applications for tutoring are taken on a first come, first served basis. The deadline to apply is November 8, 2010.

Everything Your Child Doesn't Want You to Know About Social Media

OMG, IDK about IM – LOL :-). If you don't understand that sentence, you need to attend this workshop to learn about the ways today's kids communicate – and how to keep them safe on-line.

Healthy Meals for the Holidays Demonstration

Join us for this hands-on demonstration about healthy food options and alternatives you can use during the holidays. We'll also discuss the DCPS school menu and why what your child is eating matters.

Is Your Child on Track to Graduate?

Do you know what classes your child needs to take to be ready for college? If you answered “no” or “I don't know” to either of these questions this workshop is for you. Learn how to use the Individual Graduation Portfolio (IGP), an on-line resource that can help you and your child understand their academic progress. Many features in the IGP can help your child make smart choices and do well in school. You will have the opportunity to use the IGP during this session. *Please note: All DCPS 6-12 graders have an IGP.*

Raising Your Challenging Child: A Parent Training Program

This 9 session program is for parents of children (ages pre-school through elementary school) with challenging behaviors. The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it. At each session, Dr. Shapiro will provide proactive strategies for raising children with difficult temperaments and developmental differences. His hour-long presentation will be followed by 30 minutes of informal parent discussion. Registration is limited and is open to families of any DCPS student.

Participants are asked to commit to attending the remaining 4 sessions. To register or for more information please contact: Heather Rothenbuescher at heather.rothenbuescher@dc.gov or 202-480-0831.

Report Card Shock

This workshop is for the parent/guardian who is surprised (or not) by his/her child's report card and is looking for ways to get things on track. Participants will be empowered with strategies for use at home and school.

Special Education Monthly Parent TeleChat

This monthly teleconference is a forum for parents of special education and struggling students to discuss their issues, share what they have learned, brainstorm solutions, and find information. For information on how to join the conversation contact Karla Reid-Witt by phone at 202-724-7621 or by e-mail at Karla.Reid-Witt@dc.gov.

Sticks and Stones Can Break Your Bones But Words Can Really Hurt You – The Signs and Impact of Bullying

Bullying is a real and debilitating issue that many students deal with – either as the victims of bullying or as bullies. Over the past several months, national attention has been focused on the potentially tragic impact of bullying. Join us to learn about the signs of bullying, the “new ways” kids are bullied (on-line and on cell phones), and what you can do to help address the issue.

Understanding ADHD/ADD

Did you know Terry Bradshaw (the athlete), Woody Harrelson (the actor), and Paul Orfalea (the founder of Kinko's) were all diagnosed with Attention Deficit Hyperactivity Disorder (ADHD)? Children with ADHD/ADD can be successful. During this workshop, participants will learn information about the characteristics of ADHD/ADD, how ADHD/ADD affects children at home and school, and what parents can do to help their children find success.

Understanding Special Education

Come hear about the special education process and the important role parents/guardians play. Participants will learn what special education is (and is not), and how it works.